



Newsletter

SAHAYAMATHA YOUTH MINISTRY



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Editorial

Year of Youth 2024-25

As we embark on a year dedicated to the youth, let us embrace the vibrancy, passion, and potential that this generation brings to the forefront. This year serves as a platform for empowering young minds, nurturing their aspirations, and championing their voices. Let us commit to providing opportunities for growth, education, and leadership development, ensuring that every young person has the support to thrive. Together, let us foster a culture of inclusivity, diversity, and innovation, where the dreams of youth are not just heard but honored.

Dr. Nevil Stephen S .

തിരുവനന്തപുരം ലത്തീൻ അതിരൂപതാ വാർഷിക സെനറ്റ്



Jeena P.

ഫെബ്രുവരി 11ന് കെ.സി.വൈ.എം
തിരുവനന്തപുരം ലത്തീൻ അതിരൂപത
നടത്തിയ വാർഷിക സെനറ്റിൽ പാളയം
ഫെറോനയിലെ മികച്ച യൂണിറ്റായി മണക്കാട്
യൂണിറ്റിനെ തിരഞ്ഞെടുത്തു. 2022 ജൂലൈ
മുതൽ 2023 ഡിസംബർ വരെയുള്ള
മണക്കാട് യൂണിറ്റിലെ KCYM
പ്രവർത്തനങ്ങളാണ് ഈ അവാർഡിന്
ആധാരമായത്.

A visit to Sadhana



Raveena R.

A visit to Sadhana was truly humbling. The residents comprised a diverse group of individuals grappling with physical and mental illnesses. Some had been forsaken by their families, while others had been rescued from the streets with no known identity. This visit served as a poignant reminder of the hardships faced by many, prompting us to count our blessings and express gratitude for the lives bestowed upon us by a higher power.

SMYM Newsletter Released



Aleena George

The SMYM crew kicked off the inauguration of our newsletter on February 11th following the Holy Mass. Alongside Sneha, Vergila, Aleena, Raveena, Reethu, Jeena, Jisha, and our youth coordinator Nevil Sir, Fr. Jiji and Fr. Sebastian joined us near the altar to release the newsletter via WhatsApp within our group and to our family members. Our dedicated youth coordinator, Dr. Nevil, spearheaded the theme and ideas for the newsletter. The purpose of the newsletter is to share the personal experiences of youth members and highlight our engaging activities.

പൊങ്കാലനാളിൽ കുളിർമയേകി ...



Jisha P.

കുംഭമാസത്തിലെ പൂരം നാളും പൗർണ്ണമിയും ഒന്നിക്കുന്ന ആറ്റുകാൽ പൊങ്കാല പ്രമാണിച്ച്, വേനൽ ചൂടിൽ ഭക്തജനങ്ങൾക്കു കുളിർമ നൽകുന്നതിന്റെ ഭാഗമായി, മണക്കാട് സഹായമാതാ ഇടവകയിലെ യുവജനങ്ങളായ ജീനയും ജിഷയും ഇടവക അംഗമായ ശ്രീമതി സീനയും മോരുവെള്ളം തയ്യാറാക്കുകയും സമീപസ്ഥലങ്ങളിൽ പൊങ്കാല അർപ്പിക്കാൻ വന്ന ഭക്തജനങ്ങൾക്കു വിതരണം ചെയ്യുകയും ചെയ്തു.

On Captaincy



Reethu R.

I used to believe that winning a sports championship was solely dependent on the luck of the captain. Over the past few years, I've been appointed as the team captain for various championships, only to witness our team fall short in every tournament. However, as I took on the role of captain once more for the Mar Ivanios College netball team in an intercollegiate competition, I came to realize that it's the collective effort of every team member that truly defines the captain's luck, ultimately leading to victory in the championship.



സകല മതങ്ങളുടേയും ഉള്ളിൽ എന്താണ് ഉള്ളത്

അരുന്ധതി

ദൈവം എന്റെ ഉള്ളിലാണ്, എന്നിലാണ്
ദൈവം വസിക്കുന്നത്,
അങ്ങനെയൊന്നിയിൽ ദൈവത്തിന്റെ
ആലയമാണ് നാമോരോരുത്തരും.
ദൈവാനുഭവമാണ് നമ്മിലുള്ളത്. അതിനാൽ
മറ്റുള്ളവരിൽ ദൈവത്തെ ദർശിക്കാൻ
നമുക്ക് സാധിക്കണം. അങ്ങനെ ഒരു
ബോധ്യം ഉണ്ടായാൽ, പരമമായ സത്യത്തിൽ
മാത്രമേ പ്രവർത്തി സാധ്യമാവുകയുള്ളൂ.



Salomi

All staff were informed to gather in the school office to have an immediate meeting with the DEO, who has come for an inspection. The school manager entered the office along with the DEO. He asked everybody to take their seats. All sat instantly looking eagerly at the officer.

After observing the staff, the officer asked, “who is the Headmaster?” Like an obedient student, the HM stood up and replied, “I is the HM.” The officer being astounded at the reply with a smile on his faced asked again hiding the fun, “Oh! you are the HM?” the HM proudly answered; “yes sir, I are the HM.”



Vergila

Laity Meet

On February 4, 2024, at Vellayambalam Church, all the lay members of Palayam Forane were invited for the laity meet. A dance performance was presented by youth members along with the KLCWA members of the Manacaud Church unit, garnering great appreciation. Overall, it was a wonderful opportunity to forge new friendships with members from other units.

I'm always in love

Nirmala Joseph

I'm always in love and so you are.

You are my rock, you are my soulmate.

*You are not perfect nor am I, but I'll always
want you by my side*

*Whatever I lack, I got you
what if a minor set back,*

We will make a better come back

*I'll be your backbone, you were born with the
strength to rise.*

*I'll keep you motivated and you are always
motivating me.*

Our love is years old, but each day feeling new.

*I love you, my man, my whole heart, the love of
my life.*





Friendship Innovation Circle

Neo Dawn

Friendship innovation circles are collaborative creativity groups. Leadership roles are rotated to ensure everyone contributes and feels valued. This dynamic environment fosters a sense of achievement and strengthens bonds as friends work towards common goals, celebrating each other's talents and successes along the way. It's a platform for personal growth, shared experiences, and a reminder that together, anything is possible.

*Vibrant
Energies*



Media Team

Advisor: Fr. Jiji Kalavanal SDB

**Dr. Nevil Stephen S., Jeena P.,
Jisha P., Priyanka, Raveena and
Aleena George**